

Hair Extension Care Guide

1. Before you hop into the shower, make sure to prep your hair by thoroughly brushing it to remove any tangles. This helps to prevent extra tangling during the washing process and ensures the entirety of your hair gets evenly cleansed.
2. Once you are ready to wash, dampen all of your *brushed* hair with lukewarm water and a sulfate-free/paraben-free/protein-free salon-quality shampoo. Avoid rubbing the ends of the hair together while washing, which may cause extra tangling.
3. Next, add conditioner throughout and leave in as directed or for 5-7 minutes. Extensions need to stay hydrated, so make sure you condition your hair well, every time you wash it!

N O T E – be sure to totally rinse away all excess shampoo and conditioner. You may find that washing your hair with extensions takes longer and requires more effort to clean effectively. Make sure you have enough time to thoroughly complete this process. We don't suggest washing/drying your hair when you are in a big hurry, as the process tends to take a while if done correctly.

Drying your Extensions

1. Start by gently squeezing out the excess water with your hands. When you are ready to step out of the shower, squeeze it again with a cotton towel wrapped around the length of your hair. Do this a few times until your hair feels damp (no longer soaking).

We recommend gently detangling your hair with a wide tooth comb or a soft, bristle brush (WET Brush works great).

****Please don't forget to A L W A Y S hold your hair in place with one hand at the installation point and carefully brush it with the other hand. This process should be done with extra care as to not harm the integrity of your hair or disturb the point of installation on your head****

2. Next, proceed to smoothly blow drying sections of your hair using a brush on low heat. Do not rough dry (this means N O tornado drying!)

Styling & Recreation Care

Extension Hair can be styled using a boar hair bristle brush or wet brush, and heat tools such as a flat iron or curling iron.

It is imperative to brush your hair extensions D A I L Y. While brushing, hold base of scalp where your extensions are attached to the natural hair with one hand and brush with the other hand.

For best results, I recommend the following when caring for your extensions:

- Use only sulfate-free and paraben-free, salon-quality products
- Use spray leave-in-conditioner or moisturizer on extensions to keep from tangling or drying out
- Braid your extensions before sleeping
- A L W A Y S dry your hair before going to bed
- Sleep on a silk pillow case (available on Amazon cheap)

Swimming with Extensions

We all love water activities, but please proceed with caution...

We love the beach or poolside as much as the next person – but it's vital to consider the following steps to protect your hair if you choose to engage in water activities.

1. Prep your hair by wetting it with clean water from a shower **B E F O R E** entering an ocean, lake or pool.
2. Comb and braid your hair **B E F O R E** entering the water.
3. Rinse your hair immediately in a shower after leaving the water.
4. For an extra measure of care – wash your hair with a clarifying shampoo after water activities to remove all impurities that may cause damage to the hair. Then, follow with your regular extension care system of shampoo/conditioner/leave-in products.

N O T E – we urge you to **P L E A S E** use caution when applying/using sunscreen around your hair extensions. Some sunscreens (including spray sunscreen) contain chemicals that can cause discoloration to the hair. We suggest a vegan or all natural, non-aerosol sunscreen to prevent discoloration. (Sun Bum is recommended)

Recommended Brands:

InCommon (#1 Recommendation – **A B S O L U T E** FAVORITE!)

- Clear Haze Universal Shampoo
- Velvet Cloud Universal Mask
- Mojave Rain, Mended Sea, or Static Silk Enhancer (Use in shower in addition to the universal mask. Leave both on for 5-10 mins then rinse)
- Magic Myst Universal Elixir (Use on damp hair or when dry as a fresher)

Aqua Hair Products

Davines

Paddle Wet Brush

R+Co

Oribe

Unite

Kevin Murphy

Dry Shampoo (any brand)

